

Silver Academy

Newsletter 1



The partnership brings together six organisations from Germany, Bulgaria, Ireland, Italy, Portugal and Spain:

- **Internationaler Bund – IB Mitte**, Germany
- **Global Partnership Association**, Bulgaria
- **Jen Janus Education Company**, Ireland
- **Università delle LiberEtà del FVG**, Italy
- **Amato Lusitano – Associação de Desenvolvimento**, Portugal
- **Asociación para el Desarrollo Rural Valle del Duero**, Spain

LEARNING, CONNECTION AND ACTIVE LIVING AT EVERY AGE

Learning has no age limit. It can bring people together, build confidence and open the door to new friendships and experiences.

Silver Academy is a European initiative that uses adult education to help reduce loneliness and social isolation among people aged 60 and above. The project will create welcoming learning opportunities in which older adults can develop useful skills, connect with others and participate more actively in their communities.

Over the course of the project, the partners will develop practical learning resources, train adult educators, organise Community Learning Festivals and establish six national Silver Academies. The experience gained will also be transformed into guidance for organisations that want to create more inclusive learning opportunities for older people.

HAVE YOUR SAY

Local Advisory Groups are now being established in all six partner countries. They will bring together older learners, adult educators and representatives of community organisations. Group members will test ideas, share their experience and help the partners ensure that the project's activities and resources meet real local needs.

Would you like to contribute? Contact the [Silver Academy partner](#) in your country to find out how you can join.



NEW LEARNING RESOURCES ARE ON THE WAY

The first major Silver Academy learning materials have already been developed!

The Educators' Toolbox includes 40 short learning resources across 10 practical themes, including digital literacy, financial and time management, well-being, culture and social engagement.

Each resource contains:

- a short video;
- a one-hour lesson plan;
- a learner handout;
- a quiz.



An accompanying handbook will help adult educators use and adapt the materials for different learners and community settings.

Designed in a short and flexible format, the resources will make it easier for older adults to learn at their own pace, build confidence and develop new skills step by step.

The complete Toolbox will be freely available in October in all project languages on the Silver Academy website:



<https://silveracademy.eu>

FOLLOW OUR JOURNEY

Discover new resources, project activities and opportunities to get involved. Follow Silver Academy on:



Facebook

<https://www.facebook.com/profile.php?id=61586747501006>



Instagram

<https://www.instagram.com/silveracademyproject>

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